# **Get Out of Jail Free**

How to Run Effective Meetings



- "I'll be there in a minute..."
- "Why be on time? Nobody else is. I'm not going to look like the loser with nothing else to do."
- "I had another meeting that ran over. Sorry."
- "Sorry, but I've got a project blowing up...I'll be coming and going whenever my cell phone rings (smile)..."

# Why Don't Meetings WORK?!?

- "Hey, did we decide last meeting to build or buy on that sub assembly?"
- "Bring your crackberry. We'll text each other."
- " I didn't bring that folio. Sorry. Want me to go get it?"
- "Could you take a minute and catch me up? Sorry so late."
- "Gotta get to another meeting. Sorry... I'll email you my input."



- Pre-Publish An Agenda
- Start On Time
- Set Some Groundrules
- Stick To Your Agenda
- Use a Parking Lot

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- Fix Responsibilities
- Finish On Time
- Publish Minutes
- Continuously Improve
- Use a Facilitator



- Meeting Name
- Start and Stop Times
- Location and Directions If Necessary
- Leader
- Attendees
- For Each Item, 3 Parts: Start Time, Action and Owner

## Pre-Publish An Agenda

- The Start Time for The Next Time is The End Time For the Previous Item
- Get it Out As Early As You Can



- EXACTLY on Time: Never Late
- NEVER Wait
  - (For Anyone, Ever)
- What Better Way To Show Respect To Those On Time?
- This Means You Have To Be Early (It's Worth It)
- Ignore Latecomers

#### **Start On Time**

"I did this...and it was amazing. Nobody believed I'd do it, and when I did... at the second meeting, everybody was on time!"

"One time, everybody showed up early, and so we started early. It was a great meeting."



- Make Setting Groundrules An Agenda Item At Your First Or Second Meeting
- Make It An Open Discussion Ask For Input
  - Don't Just Dictate
  - The Team Will Come Up With Enough To Get You Started
- Write Them Down, and Ideally, Post Them

#### **Set Some Groundrules**

- Use These 10 Prescriptions As a Start
- Also:
  - Electronics On Stun
  - No Phone Calls Unless You Step Out
  - One At A Time
  - We Trust You



- Failing to Do This Can Be a Cause For Failure
  - You Have to Have Courage Enough to Ask Folks To Stop
- You're Probably Going To Be The Enforcer
- The First Time Is Hardest... But They'll Catch On
- Be Respectful
- Use Reminders As Below

## **Stick To Your Agenda**

- "You've got two minutes..."
- "Bob, you've got one minute..."
- "Sorry, Bob, but we have to move on. Let's put it in the parking lot."



- A Place For Issues NOT On The Agenda
- Ideally, Posted On The Wall
  - Can Be Kept By The Facilitator Or Note Taker
- Anyone Can Post To It
- The Purpose Is To Avoid Long (Non-Agenda) Tangents
  - (You're not the only one that hates them!)

### **Use A Parking Lot**

- Last 5 Minutes of Every Agenda: Parking Lot
- Decide In That Time Whether to Ignore, Decide, Table...
- Often, Nothing In The Parking Lot Gets You Done Early



- "Wrap Up" Each Agenda Item
- Before You Move On To The Next Agenda Item
- Fix WHO is Going to Do WHAT By WHEN
- Ask, Don't Tell
  - This Calls For a Commitment In Public POWERFUL

## **Fix Responsibilities**

- "Okay, before we move on. Bob, you owe me an update on the budget by Tuesday, right?"
- "Terry, you're going to brief us at next week's meeting on the data issues and how to solve them, right?"



- This Is Every Bit As Powerful As Starting On Time
- Never Go Over (Okay, There's One Exception\* Below)
- Feel Free To Finish EARLY
  - If You Finish Everything On the Agenda, LEAVE!
- Don't Forget Parking Lot Is Always Last Action Item On Your Agenda (Except For The End Time)

#### **Finish On Time**

- Finishing On Time Is Worth a Bruised Ego Or Two
- \* You Can Finish Late IF:
  - You ASK 5-10 Minutes Before Scheduled End
  - And State a New End Time That You Commit To
  - Don't Do It Too Often
  - And Don't Ask Within a Minute of Your End!



- As Soon As Possible
- Handwritten is FINE!
- Best Practice:
  - Publish a Widely Spaced Agenda
  - Take Notes ON THE AGENDA.
  - Copy Your Notes Immediately Afterwards DONE!

### **Publish Minutes**

 Highlight Actions and Owners (Those Responsibilities You Fixed At the End of Each Agenda Item)



- Every Quarter For a Weekly Meeting Roughly
- Add An Agenda Item (10 Minutes):
  - "How Are Those Meetings Working For Us?"
- If You're The Leader, Let Others Contribute First

# **Continuously Improve**

- Ask For Input About:
  - Groundrules
  - Timing/Scheduling
  - Agendas
  - Minutes



- Stop "Running" Your Meetings
- You Worry Too Much About Process
  - You Don't Contribute As Much On Meeting Content
- Let Someone Else Run It, or "Facilitate"
- Facilitator Starts and Stops The Meeting
- Starts (And Ends) Each Item

#### **Use a Facilitator**

- Politely Enforces Agenda Times ("Bob, time's up...")
- Fixes Responsibilities (WHO Will Do WHAT by WHEN)
- Covers The Parking Lot
- "I Suddenly Could Contribute More. I LOVED This."



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